

CDC Health Linkages Program

Missouri Family to Family is proud to serve as the statewide site for the Health Linkages Program, connecting adults with intellectual and developmental disabilities (IDD) across Missouri to vital healthcare and community resources. This year-round, free program is designed to help participants achieve their health goals by providing personalized support and guidance.

By joining the Health Linkages Program, you will:

- Learn practical ways to improve your overall health.
- Access important health screenings and regular care tailored to your needs.
- Set personalized health goals and create a plan to achieve them.
- Receive assistance connecting with healthcare providers and local resources in your community.

Who can participate?

- Adults 18 years or older.
- Missouri residents with an intellectual or developmental disability (IDD).

As the statewide hub, Missouri Family to Family provides Health Linkages services all over the state, but there are also local linkage sites in different areas we can connect you with ensuring that participants across the state receive the support they need.

This program is currently in Missouri's second round of Disability and Health funding. In 2016, the State Health Department began Missouri's program with a focus on inclusive and accessible public health programs. Since 2021, UMKC-IHD has focused on access to preventative healthcare and health promotion activities for people who experience IDD.

CONNECT WITH US:

- Call us toll free at 1-800-444-0821
- Email us at mofamilytofamily@umkc.edu
- Sign up for Health Linkage by clicking [here](#).