Charting the Life Course

Focusing on Housing

Rachel K. Hiles,
Missouri Family to Family Resource Center
UMKC-Institute for Human Development, UCEDD
Life Course Framework

Life is a journey.
*Our lives are not static, they change every day.*

It’s all about vision.
*Anything is possible, with the right vision.*

Everything is connected.
*What you do today affects your life in the future.*
Life Course Vocabulary

Charted
*Traditional service system*

Slightly Charted
*Somewhat new and innovative, off the beaten path*

Uncharted
*My dream is...*
Separating Housing and Services & Supports

Before

Now... and in the future!
Am I still going to live in my parents’ home or move out?

What kind of supports do I need to live outside the family home?

What kind of setting will I live in? (Who will help me figure out how to own or rent an apartment/house or if I need something provided by the service system?)

What kinds of living options are possible? ★

What are the pros and cons of each option?

Do I want to live with a roommate or alone? Has anyone asked me if I prefer to choose my own roommate? ★

What kind of accessibility issues should I consider when choosing my home or apartment?
The Uncharted Life

Community

Family

Person
What does the future hold for living options?

What can you afford?

What do you want?

What do you need?
Things to consider

What can you afford?

• Renting v buying
• Living in a house v finding an apartment
• Staying by yourself or getting a roommate
Things to consider

What can’t you live without?

Accessibility Needs
Proximity to food, healthcare, transportation and your job
Things to consider

What would you like?

Location
Size
Pets
Proximity to family and friends
Amenities
Now we’re going to hear from some of our friends to see what kind of living options are possible!
Meet Shelly!

• Shelly is the founder and CEO of Angel Paws, a nonprofit organization in KC
• Shelly is very proud of having a Master’s of Social Work from KU
• Shelly lives with her mom and her brother in the Northland
Meet Calvin!

Calvin lives near the Waldo area in Kansas City.

Calvin works at Alphapointe, an organization that provides opportunities for people who are Blind in KC.

Calvin currently lives by himself in a house that he owns.
**Before**
- Falling apart
- Leaking roofs
- No insulation, energy inefficient

**After**
- New windows, insulation
- New roof
- Paint inside and out
- Central Air!!!!
- Repairs to electrical and plumbing
Meet Kathy & Delbert
• The agency that supports them helped them apply for a Habitat for Humanity house.
• They plan to (hopefully) be in their house by Thanksgiving!
• The house has accessibility features that they will help them be independent as they age, including a roll-in shower, lifts and ramps.
• The Mission Project was started by a group of parents in Kansas.

• Young adults with disabilities live in apartments in Mission, Kansas, where they are among other members of the community (same-aged peers, young families, older adults)

• Mission Project Steering Committee working coordinates multiple activities to support participants’ growing independence and active involvement in community activities
What supports do you need at home?

- Natural Supports
- Formal Supports
- Using technology for support
Now, we’ll hear from Kelly Boyer, CLC at the Central Missouri Regional Office, who will tell us how your local CLC can help you find housing that meets your needs!
Help with Housing in Missouri

• MO Housing (Missouri Inclusive Housing Development Corporation)
  www.mohousing.com

• HUD (Subsidized housing and Section 8)
  www.hud.gov/local/index.cfm?state=mo&topic=renting

• Independent Living Centers
  www.mosilc.org
Additional Resources

Housing Options
www.housingoptions.org.uk

Social Serve
www.socialserve.com

It’s My Choice
www.mnddc.state.mn.us/extra/publications.htm
Questions?

Rachel Hiles

hilesr@umkc.edu
Survey

Please take the time to fill out your evaluation of this webinar and tell us what you thought!

surveymonkey.com/s/f2fhousingoptions
Special Thanks

• Kelly Boyer, CLC at CMRO
• Missouri Developmental Disabilities Council
• MO DHSS Bureau of Special Healthcare Needs
• DMH Regional Offices and Family Support Coordinators
For more information

Contact the
Missouri Family to Family Resource Center
800-444-0821
http://mofamilytofamily.org

UMKC-Institute for Human Development
http://www.ihd.umkc.edu