

Brown Bag Lunch Webinar

Everyone Can Make a Difference

Volunteerism for
people with disabilities
and special healthcare needs



How to Participate



CHAT

To communicate with the hosts or the other participants, you can type your comments in the CHAT area.

NETWORKS

To share this webinar on Facebook or Twitter, you can click your favorite one and invite people to join in!

QUESTIONS

If at any time you have a question, you can type it in this box and we will answer it when questions are taken.



How to Participate

FULL SCREEN MODE

To enter full screen mode, click on the icon in the corner of the webinar that says “Full Screen.” You can quickly exit Full Screen Mode by hitting the ESCAPE key on your keyboard.



Please note: If you are in full screen mode, you will not be able to view the tabs you need to interact with us.



Voice line

- The voice line for today's call is **(800) 444-8652 (or 816-235-6400 locally).**
- You can dial in with meeting ID:
663373.



Goals for today

- Discuss the benefits of volunteering for all ages and abilities
- Hear examples of volunteering throughout the Life Course
- Discover how to get connected to volunteer opportunities
- Learn about AmeriCorps and other National Service opportunities



Why Volunteer?



- So others see people with disabilities as “givers” instead of always needing support
- Share gifts & talents
- Sense of self worth
- Build confidence
- Healthier/Live longer
- Joy of helping or giving to others
- Making connections
- Learn new skills
- Can lead to paid opportunities



Volunteering through the Life Course



- Start young
- Start small

- Match to interests and abilities
- Make it a lifetime habit





Young Children

- Helping around the house (chores)
- Helping neighbors or grandparents
- Community
- Volunteering with a parent or relative





School Age

- School based clubs or organizations
- Classroom Aid or Office Helper
- Informal (helping a neighbor or grandparent)
- Community based (scouts, church, service organizations)





Transition Age

- Every student with an IEP 14 and older should have a transition plan
- Volunteering can be a part of the transition plan
- **Volunteering = career/job exploration**





Ben's Transition Story

- Didn't want to settle for the cookie cutter
- We found 2 places he could volunteer
- School provided staff support
- Local public transportation
- Community connections
- Now part of adult life







Adult Life

- Food banks
- Shelters
- Senior centers
- Special interests of the person
- Make connections
- Might lead to employment







Aging

- Retiring from work
- Helps prevent boredom
- Staying connected in the community
- Making new friends as old ones are gone
- Adjusting to new life realities





AmeriCorps & National Service

- Corporation for National and Community Service (CNCS) engages more than **5 million** Americans annually in improving communities thru service at the national, state and local levels





AmeriCorps

- More than **900** individuals in Missouri provide service through AmeriCorps each year
- Helps meet our country's critical needs in education, public safety, health, and the environment



AmeriCorps Benefits

- Develop professional skills
- Living allowance for term of service
- Student loan forbearance
- Education Award
- Great opportunity to serve the community



AmeriCorps is...

- A chance to give back
- Volunteering
- A one year commitment
- A way to gain new skills, confidence and experience
- FUN!!!



AmeriCorps isn't...

- It's NOT a job
- You don't get a "paycheck"
- It's not an "employment service"
- It's not automatic – you must interview and meet qualifications





Senior Corps

- Foster Grandparents
- Senior Companions
- RSVP (Retired Senior Volunteer Program)
- Engages over 10,000 Missouri Seniors in service



Missouri National Service Inclusion Project

- Connect to program service sites that might be a good match
- Assist as needed with application and enrollment process
- Help with solving accessibility issues
- Help with figuring out reasonable accommodations



Get Technical Assistance

- Workshops on People First Language and Disability Etiquette
- Help with questions about government benefits
- Help with finding solutions to disability issues that affect service
- Help with understanding rights and protections of ADA



“Everybody can be great,
because anybody
can serve”

Dr. Martin Luther King, Jr.



For more information about national service and inclusion, visit www.anyonecanservemo.org

ANYONE CAN SERVE

800-773-8652 • info@anyonecanservemo.org

AMERICORPS SERVE LEARN AND GROW

ABOUT | SERVE | VOLUNTEER | RESOURCES | NEWS | CONTACT

Anyone can be part of national service! [Check out the opportunities!](#)

Anyone Can Serve!

NEWS! [Missouri House Honors AmeriCorps "Independence" Role in OpIn Recovery](#)

NEWS! Have you heard about Harvesters' Summer Associate Program - an 8-week service program? [Download the flyer](#) to learn more!

AmeriCorps Week was March 10-18!
View [photos](#) from our AmeriCorps Week events!

[AmeriCorps & Your Organization](#): Attend a FREE webinar to learn how you could have AmeriCorps members at your organization!

FOR INDIVIDUALS

[CHECK OUT](#) where you can serve [»»](#)

[GET help](#) applying [»»](#)

[FIND OUT](#) if national service will affect your benefits [»»](#)

FOR ORGANIZATIONS

[REQUEST](#) a training or information [»»](#)

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[APPLY](#) to become a site [»»](#)

FOR SITE DIRECTORS

[GET HELP](#) recruiting members? [»»](#)

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Questions?



Survey

Please take the time to visit our surveymonkey evaluation of this webinar and tell us what you thought!

<http://surveymonkey.com/s/brownbagmarch>



Special Thanks

- MODHSS Bureau of Special Healthcare Needs
- Miller County Health Department
- Missouri Planning Council for Developmental Disabilities
- DMH Regional Offices and Family Support Coordinators



For more information

Contact the

Missouri Family to Family Resource Center

800-444-0821

<http://mofamilytofamily.org>



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UMKC-Institute for Human Development

<http://www.ihd.umkc.edu>

